Canada

What it produces, exports, imports and uses, among the commodities tracked here

Top-ten producer of

Commodity	World rank	Share of world	Year
Canola	1	22%	2024
Lentils	1	31%	2024
Oats	1	15%	2024
Potash	1	31%	2025
Niobium	2	5.4%	2025
Palladium	3	8.4%	2025
Aluminum	4	4.5%	2025
Crude oil	4	6.1%	2025

And 26 more on the full page.

Top-ten exporter of

Commodity	World rank	Share of world exports	Export value
Aluminum	1	10%	$8.3 billion
Canola	1	32%	$4.2 billion
Lentils	1	38%	$1.6 billion
Oats	1	41%	$452.9 million
Potash	1	33%	$6.6 billion
Sawnwood	1	17%	$6.5 billion

Commodity	World rank	Share of world exports	Export value
Cobalt	2	5%	$237.8 million
Nickel	2	13%	$1.8 billion

Of $246.1 billion of tracked-commodity exports, 44% is crude oil, then gold (21%).

Top-ten importer of: yams (#2), hazelnuts (#4), quinoa (#4), uranium (#4), vanilla (#4), avocados (#5), grapes (#5), mangoes (#5).

What it uses (FAO food balances, 2023)

Commodity	Domestic supply	kg per person	Self-sufficiency	Imported
Corn	16.1 million tonnes	23	96%	23%
Canola	11.3 million tonnes	2.1	160%	2.7%
Milk	11.2 million tonnes	186	88%	26%
Wheat	8.9 million tonnes	82	440%	43%
Potatoes	4.2 million tonnes	81	154%	11%
Barley	4.1 million tonnes	0.3	152%	2.9%

Single-supplier import markets

Canada buys half or more of its imports from one country in 20 of 31 import markets of $250 million or more: crude oil from United States (68%); natural gas from United States (88%); phosphate fertilizers from United States (75%); steel from United States (68%); sugar from Brazil (83%).

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "Canada", https://commodityorigins.com/countries/CAN/ (CC BY 4.0). Full page, sources and downloads: https://commodityorigins.com/countries/CAN/. Text is written with AI assistance

and checked against the cited data; figures are computed from the sources (https://commodityorigins.com/about/#how-ai-is-used).