Cameroon

What it produces, exports, imports and uses, among the commodities tracked here

Top-ten producer of

Commodity	World rank	Share of world	Year
Plantains	3	11%	2024
Cocoa	6	6.1%	2024
Yams	7	0.6%	2024
Ginger	9	1.1%	2024

Top-ten exporter of

Commodity	World rank	Share of world exports	Export value
Cocoa	5	6.8%	$1.3 billion

Of $2 billion of tracked-commodity exports, 66% is cocoa, then sawnwood (22%).

What it uses (FAO food balances, 2023)

Commodity	Domestic supply	kg per person	Self-sufficiency	Imported
Cassava	6.4 million tonnes	119	100%	<0.1%
Plantains	4.6 million tonnes	55	100%	<0.1%
Corn	2.2 million tonnes	44	97%	3.2%
Tomatoes	1.3 million tonnes	42	97%	3.4%
Rice	1.3 million tonnes	43	30%	70%
Sorghum	1.2 million tonnes	32	100%	0.4%

Single-supplier import markets

Cameroon buys half or more of its imports from one country in 1 of 3 import markets of $250 million or more: sugar from Brazil (82%).

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "Cameroon", https://commodityorigins.com/countries/CMR/ (CC BY 4.0). Full page, sources and downloads: https://commodityorigins.com/countries/CMR/. Text is written with AI assistance and checked against the cited data; figures are computed from the sources (https://commodityorigins.com/about/#how-ai-is-used).