Finland

What it produces, exports, imports and uses, among the commodities tracked here

Top-ten producer of

Commodity	World rank	Share of world	Year
Oats	5	5.4%	2024
Chromium	7	3.7%	2025
Logs	8	2.8%	2024
Sawnwood	8	2.5%	2024

Top-ten exporter of

Commodity	World rank	Share of world exports	Export value
Oats	2	12%	$135.6 million
Cobalt	5	2.5%	$117.1 million
Sawnwood	6	5.9%	$2.2 billion
Plywood	7	3.7%	$617.8 million
Zinc	8	5.2%	$766 million
Salmon	9	1%	$160.3 million
Nickel	10	4.4%	$624.2 million

Of $5.1 billion of tracked-commodity exports, 43% is sawnwood, then zinc (15%).

Top-ten importer of: logs (#9), copper (#10).

What it uses (FAO food balances, 2023)

Commodity	Domestic supply	kg per person	Self-sufficiency	Imported
Milk	2.7 million tonnes	258	83%	22%
Barley	1.2 million tonnes	24	107%	2.9%
Wheat	1.1 million tonnes	91	74%	36%
Oats	561 thousand tonnes	1.8	152%	0.1%
Potatoes	558 thousand tonnes	58	89%	17%
Tomatoes	182 thousand tonnes	32	17%	84%

Single-supplier import markets

Finland buys half or more of its imports from one country in 2 of 7 import markets of $250 million or more: crude oil from Norway (77%); iron ore from Sweden (85%).

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "Finland", https://commodityorigins.com/countries/FIN/ (CC BY 4.0). Full page, sources and downloads: https://commodityorigins.com/countries/FIN/. Text is written with AI assistance and checked against the cited data; figures are computed from the sources (https://commodityorigins.com/about/#how-ai-is-used).