Gabon

What it produces, exports, imports and uses, among the commodities tracked here

Top-ten producer of

Commodity	World rank	Share of world	Year
Manganese	2	25%	2025

Top-ten exporter of

Commodity	World rank	Share of world exports	Export value
Manganese	2	26%	$1.7 billion

Of $2.2 billion of tracked-commodity exports, 77% is manganese, then sawnwood (17%).

What it uses (FAO food balances, 2023)

Commodity	Domestic supply	kg per person	Self-sufficiency	Imported
Plantains	354 thousand tonnes	109	100%	<0.1%
Cassava	313 thousand tonnes	63	100%	0.3%
Yams	230 thousand tonnes	65	100%	<0.1%
Wheat	170 thousand tonnes	66	<0.1%	100%
Rice	157 thousand tonnes	63	1.3%	99%
Chicken	87 thousand tonnes	35	4.6%	95%

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "Gabon", https://commodityorigins.com/countries/GAB/ (CC BY 4.0). Full page, sources and

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