Guinea-Bissau

What it produces, exports, imports and uses, among the commodities tracked here

Top-ten exporter of

Commodity	World rank	Share of world exports	Export value
Cashews	6	5.7%	$198.5 million

What it uses (FAO food balances, 2023)

Commodity	Domestic supply	kg per person	Self-sufficiency	Imported
Rice	538 thousand tonnes	239	42%	58%
Peanuts	144 thousand tonnes	6.8	100%	<0.1%
Plantains	57 thousand tonnes	21	100%	<0.1%
Cassava	55 thousand tonnes	25	104%	<0.1%
Milk	47 thousand tonnes	17	83%	17%
Wheat	26 thousand tonnes	12	<0.1%	100%

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "Guinea-Bissau", https://commodityorigins.com/countries/GNB/ (CC BY 4.0). Full page, sources and downloads: https://commodityorigins.com/countries/GNB/. Text is written with AI assistance and checked against the cited data; figures are computed from the sources (https://commodityorigins.com/about/#how-ai-is-used).