United States

What it produces, exports, imports and uses, among the commodities tracked here

Top-ten producer of

Commodity	World rank	Share of world	Year
Almonds	1	51%	2024
Beef	1	18%	2024
Beryllium	1	53%	2025
Cheese	1	28%	2023
Chicken	1	16%	2024
Corn	1	31%	2024
Crude oil	1	21%	2025
Helium	1	43%	2025

And 47 more on the full page.

Top-ten exporter of

Commodity	World rank	Share of world exports	Export value
Almonds	1	65%	$3.4 billion
Corn	1	28%	$13.5 billion
Natural gas	1	18%	$84.7 billion
Pistachios	1	72%	$2.5 billion
Pork	1	18%	$6.5 billion
Sorghum	1	58%	$1.6 billion

Commodity	World rank	Share of world exports	Export value
Boron	2	27%	$313.8 million
Chicken	2	13%	$4.7 billion

Of $364.2 billion of tracked-commodity exports, 34% is crude oil, then natural gas (23%).

Top-ten importer of: aluminum (#1), avocados (#1), bananas (#1), barite (#1), bismuth (#1), cinnamon (#1), coconut oil (#1), coffee (#1).

What it uses (FAO food balances, 2023)

Commodity	Domestic supply	kg per person	Self-sufficiency	Imported
Corn	335 million tonnes	11	113%	0.6%
Milk	104 million tonnes	226	99%	5.5%
Soybeans	67.8 million tonnes	0.0	174%	1%
Wheat	37.7 million tonnes	89	122%	30%
Potatoes	22.0 million tonnes	55	91%	25%
Chicken	18.8 million tonnes	55	120%	0.8%

Single-supplier import markets

United States buys half or more of its imports from one country in 26 of 62 import markets of $250 million or more: crude oil from Canada (59%); aluminum from Canada (68%); natural gas from Canada (85%); sawnwood from Canada (71%); tomatoes from Mexico (85%).

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "United States", https://commodityorigins.com/countries/USA/ (CC BY 4.0). Full page, sources and downloads: https://commodityorigins.com/countries/USA/. Text is written with AI assistance and checked against the cited data; figures are computed from the sources (https://commodityorigins.com/about/#how-ai-is-used).