Zambia

What it produces, exports, imports and uses, among the commodities tracked here

Top-ten producer of

Commodity	World rank	Share of world	Year
Copper	7	4.1%	2025

Top-ten exporter of

Commodity	World rank	Share of world exports	Export value
Manganese	9	0.4%	$27.6 million

Of $403.5 million of tracked-commodity exports, 87% is tobacco, then manganese (6.8%).

What it uses (FAO food balances, 2023)

Commodity	Domestic supply	kg per person	Self-sufficiency	Imported
Cassava	4.4 million tonnes	204	100%	<0.1%
Corn	2.9 million tonnes	102	103%	0.4%
Soybeans	579 thousand tonnes	4.2	114%	<0.1%
Sugar	276 thousand tonnes	10	171%	0.7%
Wheat	241 thousand tonnes	9.6	95%	27%
Peanuts	220 thousand tonnes	7.0	103%	<0.1%

Sources: FAOSTAT, USGS Mineral Commodity Summaries, Energy Institute Statistical Review (production); CEPII BACI (trade); FAOSTAT Food Balances (use). Ranks count only the commodities on this site. Cite as: Commodity Origins, "Zambia", https://commodityorigins.com/countries/ZMB/ (CC BY 4.0). Full page, sources and

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