Sesame seed

Oilseeds & vegetable oils

A drought-tolerant oilseed pressed for oil and ground into tahini, grown across the Sahel and Asia.

Key facts

World production, 2024
6.7 million tonnes

Top producer
India, 13%

Top exporter, sesame seed (HS 1207), 2024
India, 7.4% of export value

HS code
1207 Other oil seeds and oleaginous fruits

FAOSTAT item
289 Sesame seed

Also called
sesame, sesame seeds, til, benniseed

Top producers, 2024

Country	Tonnes	Share
India	866,111	13%
Myanmar	720,000	11%
Sudan	626,173	9.4%
Nigeria	450,000	6.7%
Pakistan	435,928	6.5%

FAOSTAT Crops and livestock products (QCL), 2024.

Top exporters, 2024

Country	Export value	Share
India	581.6 million USD	7.4%
Niger	576 million USD	7.3%
Sudan	574.2 million USD	7.3%
China	447.7 million USD	5.7%
Nigeria	391.4 million USD	5%

CEPII BACI international trade database (HS22, V202601).

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